



Join us for our Comprehensive Evaluation and Podiatry Educational Day Oct. 14 ~ Auditors are \$10. Bring a dish for lunch and chair



EDUCATIONAL DAY OCTOBER 14 INCLUDES:

Evaluations with Ginger Long ~ As a BHS certified Trainer in the dressage and eventing community, Ginger helps horses and their riders with Equine Conditioning and Therapeutic Exercises that are used to strengthen, supple and improve performance with a multi-disciplinary approach for all breeds of English and Western horses:

- Why is my horse so stiff?
- How do I get my horse moving freely forward and more regular?
- How does hoof conformation and trim impact movement?
- How can x-rays help trimming and shoeing?

Learn to see and correct asymmetry or weakness. Discussion and demonstration includes why exercise and conditioning programs need to be specific to your individual horse. Trimming, shoeing for the "whole" horse.

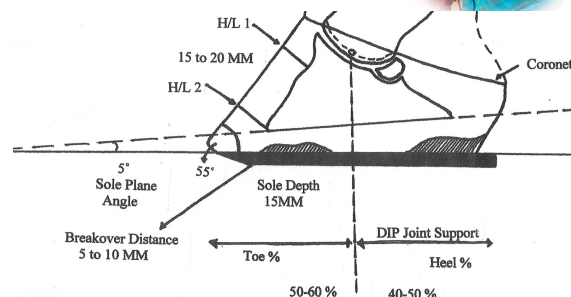
For more information on Equetec and Ginger Long go to: <https://equetec.com/about/>

For more information on veterinarian, Dr. Miller go to:

<http://www.ironwillvets.com/dr.-chelsey-miller.html>

For more information on farrier, Laura Miller go to:

<http://www.hoofandshoe.com/about-laura-r-miller.html>



- ❖ 8:00 In the arena, Ginger will evaluate Linda Kaltenbach's mare, Indy, to discuss **movement and mechanics from foot to whole horse with her goal to canter and learn to jump** then 8:45 she will have her lateral X-rays performed by Dr. Miller at the front set of X ties in the barn. Once the X-rays are completed and reviewed, around 9:15?? (At the back set of X ties in the barn) **Laura Miller will coach apprentice farrier, April Rota, to shoe Indy via bony column alignment based on the X-rays.** Once the trim is performed and the shoeing prescribed, 2 nails in each front foot will be placed and do repeat X-rays with Dr. Miller, to show that the placement of the shoe is in the best alignment for this mares mechanics and movement. Adjustments will be made before the shoe is nailed and the shoeing prescription will be demonstrated.
- ❖ 8:45 Ginger will evaluate **Mary DeCoursey's horse and discuss whole horse mechanics based on the goals for the horse.** 9:30 Mary will go to Dr. Miller for X-rays, X-rays will be discussed and a prescription will be developed to work with her farrier at home.
- ❖ 9:30 Sharesa Spyker will work with Ginger on evaluating the primary goal for this mare has a **clubby foot and a low heel foot.** Mechanics will be discussed regarding this asymmetry; as well as, an **exercise program for overall soundness and goals for the horse rider combination.** 10:15 Sharesa will go to Dr. Miller for X-rays and discussed the trim and shoeing prescription for her farrier.
- ❖ 10:15 Ginger will work with Linda Dragoo's horse, chance and discuss the things we've been working on with him for him to **move more freely forward and how addressing his shoeing will help his soundness and swing through his shoulders and he steps more evenly through with both hind legs.** 11:00 Chance will be have lateral X-rays to show the support he needs to produce the desired results we've been working toward. The shoeing prescription will be performed for her farrier at home.
- ❖ 11:00 Ginger will work with Kimberly William's horse **evaluating and discussing longevity and soundness in the aged horse.** 11:45 Corey will have his X-rays performed demonstrating **medial lateral imbalance on the left fore and how to support conformational weaknesses.** He will be shod here based on his prescription, by Laura Miller on Monday.
- ❖ 12:00 **Lunch will start.** Once Dr. Miller completes Corey's X-rays, she will have a short **lecture on basic podiatry principles and measurements** while we eat.
- ❖ 12:30 Once Dr. Millers lecture is finished then **Laura Miller will teach us how to map the foot** on Linda Dragoo's mare, Amber. Dr. Miller can eat lunch.
- ❖ 1:00 Linda Dragoo's mare, Amber will have X-ray performed to show the mapping, once completed and discussed, (In back x-ties in the barn where April worked in the morning) **Laura Miller will demonstrate how to trim and shoe Amber's false sole and contracted feet based on the mapping of the foot and X-rays provided** before and after shoeing. Ginger will **evaluate and discuss Amber's movement changes, once the shoeing and follow up xrays** has been completed.
- ❖ 1:30 Gillian Overing's horse will be evaluated by Ginger to **demonstrate movement restrictions and stiffness in horse's with thin soles and negative plantar (hind feet) angles.** 2:15 Gillian's horse will be x-rayed to include hind plantar angles for future shoeing. He was shod this week so it will show his angles 2 weeks, post shoeing to help us keep him in the best mechanics for next shoeing.
- ❖ 2:15 Domani will be evaluated to **demonstrate movement and balance in a horse with an old injury and clubby vs: low heel tendency.** 3:00 Domani will have his shoeing prescription performed. He too was shod this week and will demonstrate 2 week post shoeing results for information toward his next shoeing.
- ❖ 3:00 Eat more food!!! Ginger will give an **overview and synopsis on horses evaluated throughout the day** and what can be anticipated for those horses in their future **exercise/conditioning programs for movement, soundness and longevity.**
- ❖ 3:30 Ginger will bring out Wrojo to demonstrate with X-rays the **benefits of medial lateral balance on a performance horse with conformational irregularities.** The use of the **Colleoni Roller shoe will be demonstrated in this discussion.** See attached flyer of the Colleoni roller shoe applied for this dressage horse. This horse will be toward the end of his shoeing cycle and will show whether or not the lateral support is enough toward the end of his shoeing cycle.
- ❖ 4:30 **Questions and Answers**